

Smart Moves

Unit/Club: _____ / _____ / _____
Date Membership Number

SMART Moves

Skills Mastery and Resistance Training is an age appropriate prevention program. SMART Moves program is a unique national prevention program that helps young people avoid four of the most immediate threats to their well-being; alcohol, tobacco, other drugs and teen pregnancy. Based on best practices from prevention specialists, the SMART Moves curriculum has been used successfully for more than a decade in Boys & Girls Clubs nationwide.

Please keep in mind that our programs do the following:

Only discusses topics that are relevant to your child's stage of development. For example we will not discuss the risk of early sexual involvement with 8 year olds.

Only teaches the facts about alcohol, tobacco, other drugs and the risks of teen sexual involvement and HIV/AIDS. We do not discuss personal theories or beliefs.

Teach kids how to avoid negative peer pressure (refusal skills training).

Does not advocate birth control or talk about abortion.

In addition, because of grant funding requirements for the SMART Moves program, it may be necessary that we administer pre- and post-tests, an anonymous questionnaire about a child's personal background, and in some cases, keep progress notes on participants. These items may be necessary in order for funding sources to evaluate the success of our program. Naturally, all of the above information will be kept strictly confidential.

_____ I **DO** give permission for my child to participate in the SMART Moves program.

_____ I **DO NOT** give permission for my child to participate in the SMART Moves program.

_____	_____	_____
Child's Name	Age	Club or Program Site
_____	_____	_____
Parent/Guardian Name - PRINT	Parent/Guardian Signature	Date

Once signed and turned into the club, this form will stay on file until revoked by parent/guardian with an updated form submitted to the director at the Club.